

**10 Atom (6-7 yrs) Girls Short Sprint  
1-Qualification Round**

										<b>Results</b>	
Heat	Lane	Name	Bib #	Club	License	Start	Finish	Time	Place	Heat	Result
1	1	Britt Halvorsen	41	Nakkertok		9:35:00	9:36:58	0:01:58	1	1	
	2	Sophie Watt	46	Kanata Nordic		9:35:00	9:37:18	0:02:18	3		
	3	Megan Denyer	43	Kanata Nordic		9:35:00	9:37:11	0:02:11	2		
	4										
2	1	Laura Harris	44	Kanata Nordic		9:38:00	9:40:05	0:02:05	2	2	
	2	Lena Kirkham	42	Kanata Nordic		9:38:00	9:40:33	0:02:33	3		
	3	Olivia MacAskill	45	Kanata Nordic		9:38:00	9:39:36	0:01:36	1		
	4										
3	1	Erin Duxbury	48	Kanata Nordic		9:41:00	9:43:37	0:02:37	3	3	
	2	Fiona Grant	49	Kanata Nordic		9:41:00	9:42:48	0:01:48	2		
	3	Robyn Duxbury	47	Kanata Nordic		9:41:00	9:43:56	0:02:56	4		
	4	Mia Tsilemos	40	Kanata Nordic		9:41:00	9:42:40	0:01:40	1		

**Atom (6-7 yrs) Girls Short Sprint  
2-Quarter Final Round**

										<b>Results</b>	
Heat	Lane	Name	Bib #	Club	License	Start	Finish	Time	Place	Heat	Result
1	1	Britt Halvorsen	41	Nakkertok		10:36:00	10:37:52	0:01:52	2	1	
	2	Fiona Grant	49	Kanata Nordic		10:36:00	10:37:50	0:01:50	1		
	3	Robyn Duxbury	47	Kanata Nordic		10:36:00	10:38:42	0:02:42	3		
	4										
2	1	Sophie Watt	46	Kanata Nordic		10:39:00	10:41:39	0:02:39	3	2	8th
	2	Olivia MacAskill	45	Kanata Nordic		10:39:00	10:40:37	0:01:37	1		
	3	Lena Kirkham	42	Kanata Nordic		10:39:00	10:41:21	0:02:21	2		
	4	Erin Duxbury	48	Kanata Nordic		10:39:00	10:41:45	0:02:45	4		
3	1	Megan Denyer	43	Kanata Nordic		10:42:00	10:44:10	0:02:10	2	3	10th
	2	Laura Harris	44	Kanata Nordic		10:42:00	10:44:12	0:02:12	3		
	3	Mia Tsilemos	40	Kanata Nordic		10:42:00	10:43:42	0:01:42	1		
1	4										

**Atom (6-7 yrs) Girls Short Sprint  
3-Semi Final Round**

										<b>Results</b>	
Heat	Lane	Name	Bib #	Club	License	Start	Finish	Time	Place	Heat	Result
1	1	Britt Halvorsen	41	Nakkertok		11:47:00	11:49:13	0:02:13	3	1	5th
	2	Fiona Grant	49	Kanata Nordic		11:47:00	11:48:40	0:01:40	2		
	3	Olivia MacAskill	45	Kanata Nordic		11:47:00	11:48:33	0:01:33	1		
	4										
2	1	Megan Denyer	43	Kanata Nordic		11:50:00	11:51:43	0:01:43	1	2	
	2	Mia Tsilemos	40	Kanata Nordic		11:50:00	11:52:08	0:02:08	2		
	3	Lena Kirkham	42	Kanata Nordic		11:50:00	11:52:31	0:02:31	3		
	4										

**Atom (6-7 yrs) Girls Short Sprint  
4-Final Round**

										<b>Final Results</b>		
Heat	Lane	Name	Bib #	Club	License	Start	Finish	Time	Place	Heat	Result	
1	1	Olivia MacAskill	45	Kanata Nordic		12:08:00	12:09:34	0:01:34	3	1	Bronze	
	2	Fiona Grant	49	Kanata Nordic		12:08:00	12:09:31	0:01:31	1			Gold
	3	Megan Denyer	43	Kanata Nordic		12:08:00	12:10:03	0:02:03	4			4th
	4	Mia Tsilemos	40	Kanata Nordic		12:08:00	12:09:33	0:01:33	2			Silver

**3 Atom (6-7 yrs) Boys Short Sprint  
1-Qualification Round**

										<b>Results</b>	
Heat	Lane	Name	Bib #	Club	License	Start	Finish	Time	Place	Heat	Result
1	1	Jonathan zhang	60	Kanata Nordic		9:44:00	9:45:52	0:01:52	2	1	
	2	Mats Halvorsen	61	Nakkertok		9:44:00	9:45:17	0:01:17	1		
	3	Gregor Nordstrum	62	Kanata Nordic		9:44:00	9:45:54	0:01:54	3		
	4										

**Atom (6-7 yrs) Boys Short Sprint  
2-Final Round**

										<b>Final Results</b>		
Heat	Lane	Name	Bib #	Club	License	Start	Finish	Time	Place	Heat	Result	
1	1	Gregor Nordstrum	62	Kanata Nordic		10:45:00	10:46:48	0:01:48	3	1	Bronze	
	2	Jonathan zhang	60	Kanata Nordic		10:45:00	10:46:47	0:01:47	2			Silver
	3	Mats Halvorsen	61	Nakkertok		10:45:00	10:46:16	0:01:16	1			Gold
	4											

**7 Pee wee (8-9 yrs) Girls Short Sprint  
1-Qualification Round**

										<b>Results</b>	
Heat	Lane	Name	Bib #	Club	License	Start	Finish	Time	Place	Heat	Result
1	1	Rielly Thompson	84	Kanata Nordic		9:47:00	9:49:39	0:02:39	4	1	
	2	Gisela Grossman	81	Kanata Nordic		9:47:00	9:49:30	0:02:30	2		
	3	Tove Halvorsen	80	Nakkertok		9:47:00	9:48:02	0:01:02	1		
	4	Hannah Nordstrum	83	Kanata Nordic		9:47:00	9:49:35	0:02:35	3		
2	1	Marie-Alexandre Lemire	82	Skinouk	19759	9:50:00	9:51:02	0:01:02	1	2	
	2	Anna Vigneron	86	Kanata Nordic		9:50:00	9:51:28	0:01:28	2		
	3	Kennedy Thompson	85	Kanata Nordic		9:50:00	9:51:42	0:01:42	3		
	4										

**Pee wee (8-9 yrs) Girls Short Sprint  
2-Semi Final Round**

										<b>Results</b>		
Heat	Lane	Name	Bib #	Club	License	Start	Finish	Time	Place	Heat	Result	
1	1	Hannah Nordstrum	83	Kanata Nordic		10:48:00	10:49:39	0:01:39	4	1	6th	
	2	Gisela Grossman	81	Kanata Nordic		10:48:00	10:49:30	0:01:30	3			5th
	3	Anna Vigneron	86	Kanata Nordic		10:48:00	10:49:26	0:01:26	2			
	4	Tove Halvorsen	80	Nakkertok		10:48:00	10:49:03	0:01:03	1			
2	1	Rielly Thompson	84	Kanata Nordic		10:51:00	10:52:33	0:01:33	2	2		
	2	Marie-Alexandre Lemire	82	Skinouk	19759	10:51:00	10:52:05	0:01:05	1			
	3	Kennedy Thompson	85	Kanata Nordic		10:51:00	10:52:39	0:01:39	3			6th
	4											

**Pee wee (8-9 yrs) Girls Short Sprint  
3-Final Round**

										<b>Final Results</b>		
Heat	Lane	Name	Bib #	Club	License	Start	Finish	Time	Place	Heat	Result	
1	1	Anna Vigneron	86	Kanata Nordic		11:53:00	11:54:58	0:01:58	2	1	Silver	
	2	Tove Halvorsen	80	Nakkertok		11:53:00	11:54:59	0:01:59	3			Bronze
	3	Rielly Thompson	84	Kanata Nordic		11:53:00	11:55:39	0:02:39	4			4th
	4	Marie-Alexandre Lemire	82	Skinouk	19759	11:53:00	11:54:25	0:01:25	1			Gold

**8 Pee wee (8-9 yrs) Boys Short Sprint  
1-Qualification Round**

										<b>Results</b>	
Heat	Lane	Name	Bib #	Club	License	Start	Finish	Time	Place	Heat	Result
1	1	Graeme Li	102	Nakkertok		9:53:00	9:54:19	0:01:19	3	1	
	2	Eric Nussbaum	101	Nakkertok		9:53:00	9:54:09	0:01:09	2		
	3	Sheamus O'Connell	106	Kanata Nordic		9:53:00	9:54:07	0:01:07	1		
	4	Nicholas Taylor	100	Kanata Nordic		9:53:00	9:54:48	0:01:48	4		
2	1	Ben Sandeman	105	Nakkertok		9:56:00	9:57:08	0:01:08	3	2	
	2	Pierre Grall	103	Nakkertok		9:56:00	9:57:06	0:01:06	1		
	3	Jonathan Hadwen	104	Kanata Nordic		9:56:00	9:57:07	0:01:07	2		
	4	Callum LeRoy	107	Kanata Nordic		9:56:00	9:57:41	0:01:41	4		

**Pee wee (8-9 yrs) Boys Short Sprint  
2-Semi Final Round**

										<b>Results</b>	
Heat	Lane	Name	Bib #	Club	License	Start	Finish	Time	Place	Heat	Result
1	1	Ben Sandeman	105	Nakkertok		10:54:00	10:55:08	0:01:08	3	1	5th
	2	Jonathan Hadwen	104	Kanata Nordic		10:54:00	10:55:04	0:01:04	1		
	3	Sheamus O'Connell	106	Kanata Nordic		10:54:00	10:55:07	0:01:07	2		
	4	Nicholas Taylor	100	Kanata Nordic		10:54:00	10:55:44	0:01:44	4		
2	1	Graeme Li	102	Nakkertok		10:57:00	10:58:15	0:01:15	3	2	6th
	2	Pierre Grall	103	Nakkertok		10:57:00	10:58:07	0:01:07	1		
	3	Eric Nussbaum	101	Nakkertok		10:57:00	10:58:11	0:01:11	2		
	4	Callum LeRoy	107	Kanata Nordic		10:57:00	10:58:44	0:01:44	4		

**Pee wee (8-9 yrs) Boys Short Sprint  
3-Final Round**

										<b>Final Results</b>		
Heat	Lane	Name	Bib #	Club	License	Start	Finish	Time	Place	Heat	Result	
1	1	Jonathan Hadwen	104	Kanata Nordic		11:56:00	11:58:05	0:02:05	2	1	Silver	
	2	Sheamus O'Connell	106	Kanata Nordic		11:56:00	11:58:07	0:02:07	3			Bronze
	3	Pierre Grall	103	Nakkertok		11:56:00	11:58:04	0:02:04	1			Gold
	4	Eric Nussbaum	101	Nakkertok		11:56:00	11:58:10	0:02:10	4			4th

**12 Mini-Midget (10-11 yrs) Girls Short Sprint  
1-Qualification Round**

										<b>Results</b>	
Heat	Lane	Name	Bib #	Club	License	Start	Finish	Time	Place	Heat	Result
1	1	Sabina Grossman	123	Kanata Nordic		9:59:00	10:00:24	0:01:24	4	1	
	2	Hanna Zhang	120	Kanata Nordic		9:59:00	10:00:12	0:01:12	3		
	3	Holly Fraser	130	Kanata Nordic		9:59:00	10:00:10	0:01:10	2		
	4	Natasha O'Connell	125	Kanata Nordic		9:59:00	10:00:01	0:01:01	1		
2	1	Shelby Howard	122	Kanata Nordic		10:02:00	10:02:58	0:00:58	1	2	
	2	Katie MacAskill	129	Kanata Nordic		10:02:00	10:03:09	0:01:09	3		
	3	Michaela Cotaras	121	Kanata Nordic		10:02:00	10:03:10	0:01:10	4		
	4	Stephanie Williams	124	Nakkertok		10:02:00	10:03:04	0:01:04	2		
3	1	Mikayla Boule	128	Nakkertok		10:05:00	10:06:10	0:01:10	3	3	
	2	Aimee DeCruyenaere	131	Kanata Nordic		10:05:00	10:06:22	0:01:22	4		
	3	Roxanna Kemp	127	Nakkertok		10:05:00	10:06:03	0:01:03	2		
	4	Julia Lorbetskie	126	Nakkertok		10:05:00	10:06:02	0:01:02	1		

**Mini-Midget (10-11 yrs) Girls Short Sprint  
2-Quarter Final Round**

										<b>Results</b>	
Heat	Lane	Name	Bib #	Club	License	Start	Finish	Time	Place	Heat	Result
1	1	Roxanna Kemp	127	Nakkertok		11:00:00	11:01:03	0:01:03	1	1	
	2	Stephanie Williams	124	Nakkertok		11:00:00	11:01:05	0:01:05	2		
	3	Natasha O'Connell	125	Kanata Nordic		11:00:00	11:01:10	0:01:10	3		
	4	Hanna Zhang	120	Kanata Nordic		11:00:00	11:01:11	0:01:11	4		
2	1	Holly Fraser	130	Kanata Nordic		11:03:00	11:04:09	0:01:09	4	2	10th
	2	Mikayla Boule	128	Nakkertok		11:03:00	11:04:08	0:01:08	3		
	3	Shelby Howard	122	Kanata Nordic		11:03:00	11:03:55	0:00:55	1		
	4	Julia Lorbetskie	126	Nakkertok		11:03:00	11:03:59	0:00:59	2		
3	1	Katie MacAskill	129	Kanata Nordic		11:06:00	11:07:09	0:01:09	1	3	
	2	Michaela Cotaras	121	Kanata Nordic		11:06:00	11:07:13	0:01:13	2		
	3	Sabina Grossman	123	Kanata Nordic		11:06:00	11:07:51	0:01:51	4		
	4	Aimee DeCruyenaere	131	Kanata Nordic		11:06:00	11:07:22	0:01:22	3		

**Mini-Midget (10-11 yrs) Girls Short Sprint  
3-Semi Final Round**

										<b>Results</b>	
Heat	Lane	Name	Bib #	Club	License	Start	Finish	Time	Place	Heat	Result
1	1	Roxanna Kemp	127	Nakkertok		11:59:00	12:00:01	0:01:01	1	1	
	2	Stephanie Williams	124	Nakkertok		11:59:00	12:00:02	0:01:02	2		
	3	Katie MacAskill	129	Kanata Nordic		11:59:00	12:00:05	0:01:05	3		
	4										
2	1	Shelby Howard	122	Kanata Nordic		12:02:00	12:02:56	0:00:56	1	2	
	2	Julia Lorbetskie	126	Nakkertok		12:02:00	12:03:00	0:01:00	2		
	3	Michaela Cotaras	121	Kanata Nordic		12:02:00	12:03:08	0:01:08	3		
	4										

**Mini-Midget (10-11 yrs) Girls Short Sprint  
4-Final Round**

										<b>Final Results</b>	
Heat	Lane	Name	Bib #	Club	License	Start	Finish	Time	Place	Heat	Result
1	1	Roxanna Kemp	127	Nakkertok		12:13:00	12:14:02	0:01:02	2	1	Silver
	2	Stephanie Williams	124	Nakkertok		12:13:00	12:14:04	0:01:04	3		
	3	Shelby Howard	122	Kanata Nordic		12:13:00	12:13:56	0:00:56	1		
	4	Julia Lorbetskie	126	Nakkertok		12:13:00	12:14:19	0:01:19	4		

**5 Mini-Midget (10-11 yrs) Boys Short Sprint  
1-Qualification Round**

										<b>Results</b>	
Heat	Lane	Name	Bib #	Club	License	Start	Finish	Time	Place	Heat	Result
1	1	Johnathan Roscoe	142	Kanata Nordic		10:08:00	10:09:06	0:01:06	3	1	
	2	Andrew Musgrave	140	Kanata Nordic		10:08:00	10:09:11	0:01:11	4		
	3	Liam Young	141	Nakkertok		10:08:00	10:09:04	0:01:04	2		
	4	Nathan Denyer	144	Kanata Nordic		10:08:00	10:09:21	0:01:21	5		
	5	Aidan Kirkham	143	Kanata Nordic		10:08:00	10:09:01	0:01:01	1		

**Mini-Midget (10-11 yrs) Boys Short Sprint  
2-Final Round**

										<b>Final Results</b>	
Heat	Lane	Name	Bib #	Club	License	Start	Finish	Time	Place	Heat	Result
1	1	Liam Young	141	Nakkertok		11:09:00	11:10:10	0:01:10	3	1	Bronze
	2	Johnathan Roscoe	142	Kanata Nordic		11:09:00	11:10:06	0:01:06	2		
	3	Nathan Denyer	144	Kanata Nordic		11:09:00	11:10:18	0:01:18	5		
	4	Andrew Musgrave	140	Kanata Nordic		11:09:00	11:10:14	0:01:14	4		
	5	Aidan Kirkham	143	Kanata Nordic		11:09:00	11:10:05	0:01:05	1		

**4 Midget (12-13 yrs) Girls Long Sprint**

**1-Qualification Round**

**Results**

Heat	Lane	Name	Bib #	Club	License	Start	Finish	Time	Place	Heat	Result
1	1	Elyse Charrier	161	Kanata Nordic		10:11:00	10:13:48	0:02:48	2	1	
	2	Sarah Sandeman	162	Nakkertok		10:11:00	10:15:17	0:04:17	4		
	3	Rochelle DeCruyenaere	163	Kanata Nordic		10:11:00	10:15:16	0:04:16	3		
	4	Kathleen Duivenvoorden	160	Kanata Nordic		10:11:00	10:13:45	0:02:45	1		

**Midget (12-13 yrs) Girls Long Sprint**

**2-Final Round**

**Final Results**

Heat	Lane	Name	Bib #	Club	License	Start	Finish	Time	Place	Heat	Result
1	1	Sarah Sandeman	162	Nakkertok		11:12:00	11:15:11	0:03:11	4	1	4th
	2	Kathleen Duivenvoorden	160	Kanata Nordic		11:12:00	11:14:39	0:02:39	1		Gold
	3	Rochelle DeCruyenaere	163	Kanata Nordic		11:12:00	11:15:10	0:03:10	3		Bronze
	4	Elyse Charrier	161	Kanata Nordic		11:12:00	11:14:49	0:02:49	2		Silver

**6 Midget (12-13 yrs) Boys Long Sprint**

**1-Qualification Round**

**Results**

Heat	Lane	Name	Bib #	Club	License	Start	Finish	Time	Place	Heat	Result
1	1	Michael Spika	181	Nakkertok		10:14:00			DNS	1	
	2	Brandon Paul	184	Kanata Nordic		10:14:00	10:16:56	0:02:56	2		
	3	Brendon Howard	182	Kanata Nordic		10:14:00	10:15:56	0:01:56	1		
2	1	Jonathan MacAskill	185	Kanata Nordic		10:17:00	10:19:46	0:02:46	2	2	
	2	Scott Roscoe	183	Kanata Nordic		10:17:00	10:20:22	0:03:22	3		
	3	Alexander Bergstrom	180	Kanata Nordic		10:17:00	10:19:27	0:02:27	1		
	4										

**Midget (12-13 yrs) Boys Long Sprint**

**2-Semi Final Round**

**Results**

Heat	Lane	Name	Bib #	Club	License	Start	Finish	Time	Place	Heat	Result
1	1	Scott Roscoe	183	Kanata Nordic		11:15:00	11:18:17	0:03:17	2	1	
	2	Brandon Paul	184	Kanata Nordic		11:15:00	11:18:03	0:03:03	1		
	3	Michael Spika	181	Nakkertok		11:15:00			DNS		
2	1	Brendon Howard	182	Kanata Nordic		11:18:00	11:19:55	0:01:55	1	2	
	2	Jonathan MacAskill	185	Kanata Nordic		11:18:00	11:20:45	0:02:45	3		5th
	3	Alexander Bergstrom	180	Kanata Nordic		11:18:00	11:20:24	0:02:24	2		
	4										

**Midget (12-13 yrs) Boys Long Sprint**

**3-Final Round**

**Final Results**

Heat	Lane	Name	Bib #	Club	License	Start	Finish	Time	Place	Heat	Result
1	1	Scott Roscoe	183	Kanata Nordic		12:05:00	12:08:19	0:03:19	4	1	4th
	2	Brandon Paul	184	Kanata Nordic		12:05:00	12:08:01	0:03:01	3		Bronze
	3	Brendon Howard	182	Kanata Nordic		12:05:00	12:06:54	0:01:54	1		Gold
	4	Alexander Bergstrom	180	Kanata Nordic		12:05:00	12:07:28	0:02:28	2		Silver

**3 Juvenile (14-15 yrs) Girls Long Sprint  
1-Qualification Round**

										<b>Results</b>	
Heat	Lane	Name	Bib #	Club	License	Start	Finish	Time	Place	Heat	Result
1	1	Charlotte van Walraven	202	Nakkertok	19596	10:20:00	10:22:11	0:02:11	1	1	
	2	Megan Batty	200	Kanata Nordic		10:20:00	10:22:39	0:02:39	2		
	3	Laryssa Kemp	201	Nakkertok		10:20:00			DNS		
	4										

**Juvenile (14-15 yrs) Girls Long Sprint  
2-Final Round**

										<b>Final Results</b>		
Heat	Lane	Name	Bib #	Club	License	Start	Finish	Time	Place	Heat	Result	
1	1	Charlotte van Walraven	202	Nakkertok	19596	11:21:00	11:23:11	0:02:11	1	1	Gold	
	2	Laryssa Kemp	201	Nakkertok		11:21:00			DNS			
	3	Megan Batty	200	Kanata Nordic		11:21:00	11:23:35	0:02:35	2		Silver	
4												

**5 Juvenile (14-15 yrs) Boys Long Sprint  
1-Qualification Round**

										<b>Results</b>	
Heat	Lane	Name	Bib #	Club	License	Start	Finish	Time	Place	Heat	Result
1	1	Patrick van Walraven	222	Nakkertok	21467	10:23:00	10:24:52	0:01:52	2	1	
	2	Duncan McTaggart	221	Nakkertok	19685	10:23:00	10:24:55	0:01:55	4		
	3	Benjamin Wilkinson-Zan	224	Nakkertok	21479	10:23:00	10:24:53	0:01:53	3		
	4	Paul Musgrave	220	Kanata Nordic		10:23:00			DNS		
	5	Thomas McKenna	223	Nakkertok	21450	10:23:00	10:24:51	0:01:51	1		

**Juvenile (14-15 yrs) Boys Long Sprint  
2-Final Round**

										<b>Final Results</b>	
Heat	Lane	Name	Bib #	Club	License	Start	Finish	Time	Place	Heat	Result
1	1	Benjamin Wilkinson-Zan	224	Nakkertok	21479	11:24:00	11:25:51	0:01:51	2	1	Silver 4th
	2	Duncan McTaggart	221	Nakkertok	19685	11:24:00	11:25:54	0:01:54	4		
	3	Thomas McKenna	223	Nakkertok	21450	11:24:00	11:25:48	0:01:48	1		Gold
	4	Paul Musgrave	220	Kanata Nordic		11:24:00			DNS		
	5	Patrick van Walraven	222	Nakkertok	21467	11:24:00	11:25:52	0:01:52	3		Bronze