

2011-2012-KN Racers Trg Record-2011-10-31.xls - Training

	Red = PB			17-Nov	15-Nov	12-Nov	10-Nov	08-Nov	05-Nov	03-Nov	01-Nov	29-Oct	27-Oct	25-Oct	22-Oct	22-Oct	20-Oct	18-Oct	11-Oct	08-Oct	06-Oct	04-Oct	01-Oct
#	"x"=attended	Cat	#Trg	Innov	Innov	Innov	Innov	Innov	P9-GP	KRC	Innov	Innov	KRC	Innov	TFox	Innov	Innov	KRC	Innov	Innov	Innov	KRC	Innov
				9	17	20	7	18	16	3	17	14	1	14	11	11	12	9	5	4	4	5	4
	MikeD		23	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
	HarrisK		20		x	x		x	x	x	x	x		x	x	x	x	x	x	x	x	x	x
	SteveT		2	x	x																		
1	MuskanT	PWG	5		x	x		x			5:01						x						
2	OliviaM	PWG	1	5:45																			
3	NazukT	MDG	5		4:54	x		5:31			6:37					x							
4	HollyF	JVG	10	3:18		x	x				3:11	3:36					3:26		3:38		4:11		
5	PriyaG	JVG	9		4:29	x		4:20	x		6:07			x	x	5:38		x					
6	ShelbyH	JVG	1																				x
7	KatieM	JVG	2	3:42						x													
8	JackieH	JRG	9		4:28	x		4:59	x		8:06			x	x		2:42	x					
9	HeatherK	JRG	1									3:48											
10	EricaB	JRG																					
11	HollyB	JRG	14	3:07	3:05	x	x	3:17	x		3:13			3:11				x	3:11	3:20	3:19		
12	KateF	JRG	7		3:45				x			3:52			x	3:57							x
13	KatieD	JRG	8			x						3:22			x	3:17				3:23	3:21		
14	JacquelinM	JRG	10		3:40	x		3:55	x		4:09	x		5:16		5:11	x	x					
15	MargaritaG	PNW	2												2:46	4:03							
16	CarolineB	PNW	1																				x
17	RohanG	PWB	8		5:09	x		5:33	x		5:44			4:57			6:01	x					
18	NicolasC	MDB	2			x			x														
19	PhilipeT	MDB	7		2:52	x		3:05	x		3:12			3:12			3:35						
20	RobertL	JVB	8		3:05	x		3:06	x		3:15	3:09		3:18			3:28						
21	NickT	JVB	16	3:47	3:47	x	x			x	3:36	3:32	x	3:29	2:40	3:36		x		4:09		x	x
22	JirimyC	JVB	2			x			x														
23	DavidB	JRB	8		2:53			4:10	x		2:58	2:57		3:06			3:12		3:45				
24	JadenT	JRB	12	2:20		x	x	2:28				2:36		3:07	2:03	2:48	2:34	x				x	
25	CavanM	JRB	12	2:44		x	x	2:50	x			2:37		3:24	2:06	3:03		x				x	
26	ChrisT	JRB	5		2:41	x		2:47			3:00	3:02											
27	VictorT	JRB	7		2:21	x		2:27	x		2:32	2:39		2:46									
28	TrentG	JRB	3						x						x	3:01							
29	AlexB	JRB	4	3:03	2:59			3:06			3:13												
30	JonM	JRB	4									3:02			2:15	3:07					3:10		
31	AlexS	JRB	16	3:05	3:01	x	x	3:00	x	x	3:09	3:13		3:25	2:21	3:26	3:25	x	3:28			x	
32	Luke	JRB	1				x	3:52															
33	AlexeiN	PNM	9		x	x		2:55	x		2:51			2:43			3:06		2:49	2:45		x	

AT-Atom PW-Pewee MD-Midget JV-Juvenile JR-Junior PN-Para-Nordic MA-Masters G-Girl B-Boy M-Man W-Woman

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	Red = PB			29-Sep	22-Sep	17-Sep
#	"x"=attended	Cat	#Trg	Innov	Innov	Innov
				3	4	4
	MikeD		23	x	x	x
	HarrisK		20	x	x	x
	SteveT		2			
1	MuskanT	PWG	5			
2	OliviaM	PWG	1			
3	NazukT	MDG	5			
4	HollyF	JVG	10	x	4:43	
5	PriyaG	JVG	9			
6	ShelbyH	JVG	1			
7	KatieM	JVG	2			
8	JackieH	JRG	9			
9	HeatherK	JRG	1			
10	EricaB	JRG				
11	HollyB	JRG	14		x	x
12	KateF	JRG	7			x
13	KatieD	JRG	8	x	3:40	
14	JacquelinM	JRG	10			
15	MargaritaG	PNW	2			
16	CarolineB	PNW	1			
17	RohanG	PWB	8			
18	NicolasC	MDB	2			
19	PhilipeT	MDB	7			
20	RobertL	JVB	8			
21	NickT	JVB	16	x		
22	JirimyC	JVB	2			
23	DavidB	JRB	8			
24	JadenT	JRB	12			x
25	CavanM	JRB	12			x
26	ChrisT	JRB	5			
27	VictorT	JRB	7			
28	TrentG	JRB	3			
29	AlexB	JRB	4			
30	JonM	JRB	4			
31	AlexS	JRB	16			
32	Luke	JRB	1			
33	AlexeiN	PNM	9		3:17	

AT-Atom PW-Pewee MD-Midget JV-Juvenile JR-Junior PN-Para-Nordic MA-Masters G-Girl B-Boy M-Man W-Woman