



2014-2015 Programs at a Glance

For more details about each program please click on the program name. Note that there is flexibility at both ends of the age ranges, since some skiers may fit better in a younger or older group.

Program Name	Ages	Cost*	Sessions	Locations	Dates
Bunnyrabbit	4-6	\$75/\$85	Sat. afternoon	Y Camp	Jan 3 - March 7
Jackrabbit	6-10	\$75/\$85	Sat. afternoon	Y Camp	Jan 3 - March 7
Dynarabbit	9-13 (new skiers)	\$75/\$85	Sat. afternoon	Y Camp	Jan 3 - March 7
Youth Recreational (skate technique only)					
Track Attack	11-13	\$110/\$125	Thurs. evening, Sat. Afternoon (Sat only until snow falls)	Y Camp, some Gatineau Park sessions	Oct 18 until snow melts (or end of March)
Teen Ski-Fit	14-17	\$110/\$125	Thurs. evening, Sat. Afternoon (Sat only until snow falls)	Y Camp, some Gatineau Park sessions	Oct 18 until snow melts (or mid March)
Youth Racing (Skate and Classic Racing, no ski experience is required to try out for racing)					
Racing Rabbits	10-12	\$150/\$170	Tues. or Thurs. evening, Sat. morning	Y Camp (evenings), Gatineau Park (weekends)	Oct 4 until snow melts (or end of March)
Junior Racers	13-15	\$250/\$270	Tues. & Thurs. evening, Sat. morning	Y Camp (evenings), Gatineau Park (weekends)	Oct 4 until snow melts (or end of March)
Senior Racers + Para-Nordic	15+	\$250/\$270	Tues. & Thurs. evening, Sat. morning, Sun. afternoon	Y Camp (evenings), Gatineau Park (weekends)	Oct 4 until snow melts (or end of March)
Adult Recreational (see program descriptions)					
Adult Novice	14+	\$75/\$85	Sat. afternoon	Y Camp	Jan 3 - March 7
Adult Intermediate	14+	\$75/\$85	Sat. afternoon	Y Camp	Jan 3 - March 7
Adult Touring	14+	\$55/\$65	Sat. morning	Gatineau Park	Jan 3 until the snow melts
Ottawa River Canoe Club members only (paddlers should consult with their coach about this program)					
ORCC Winter Training		\$45/\$60	Tues. & Thurs. evening	Y Camp	Jan 6 - March 12

*The first amount is the earlybird pricing, only until Oct. 15, 2014