Chelsea Super Sprint Jeunesse

Sunday, February 26, 2017

Club de Ski Chelsea Nordiq Ski Club is proud to invite you to the 4rd annual Chelsea Super Sprint Jeunesse in conjunction with the Gatineau Loppet. It is going to be an exciting sprint race for young athletes with a challenging course full of fun bumps, jumps and turns. This year the event will be hosted on the Jackrabbit trail located at the Chelsea Meredith Centre. This event celebrates youth and is focused on youth.

Hosted By: Chelsea Nordiq Ski Club [www.chelseanordiq.ca](http://www.chelseanordiq.ca/)

Event Location: Meredith Centre, 23 chemin cecil in Chelsea Quebec

Free Parking: Lower (Soccer) parking lot (not beside building)

Chelsea Elementary School (groomed trail to Centre)

Race Official Schedule:

|  |  |  |
| --- | --- | --- |
| Time | Activity | Time allowed |
| 08:00 | Race kit pick up | 60m |
| 08:30 | Warm-up | 60m |
| 09:00 | Qualification Round | 75m |
| 10:15 | Break | 30m |
| 10:45 | Round 1 Heats | 60m |
| 11:45 | Break | 30m |
| 12:15 | Round 2 Heats | 60m |
| 13:15 | Break | 30m |
| 13:45 | 3rd round heats | 60m |
| 14:45 | Break | 30m |
| 15:15 | Awards | 30m |
| 15:45 | End of Event |  |

\*The organizing committee reserves the right to change the schedule

Contact Information and Registrar: nr-dir[@chelseanordiq.ca](mailto:sprint-coord@chelseanordiq.ca)

Sprint Website: [http://www.chelseanordiq.ca/event/chelsea-super-sprint-jeunesse/](http://www.en.chelseanordiq.ca/sprints)

Gatineau Loppet Website: http://www.gatineauloppet.com/?lang=en

Volunteer Website: http://chelseanordiq.ivolunteer.com/sprint\_2017

Registration: Registration will ONLY be accepted on-line through the Zone 4 website at <https://zone4.ca/register.asp?id=14706> on Feb. 1, 2017 until midnight on February 22, 2017.

Licenses: All competitors will need to have a valid 2016-17 Ski de Fond Quebec or Ontario provincial race license purchased through your ski club. If competitors do not have this license they will be required to purchase a Ski de fond Quebec day license. Day licenses must be purchased when you register on Zone 4.

Waiver: All racers must agree to and complete the waiver form, which is a part of the Zone 4 registration package.

Early Registration fee: $20 from February 1 to midnight on February 15

Registration fee: $25 from February 16 to midnight on February 22

No refunds will be issued.

Race entry fee: includes Super Sprint, participation medallion and draw prizes. (Snacks will be provided during the day.

Race Kit Package: Pick-up at Meredith Centre starting at 08:00.

Awards: To be given to female and male categories, for each year of the category 8 – 17. As well as top 3 male and female 18+.

Age: The event is open to skiers age 8+ years old as of December 31, 2016

Seeding: Seeding for qualifier will be random within age category.

Race Format: All Sprints are free or skate technique. All heats will be run in King’s Court format where the top two of each heat advance to the next heat. The 3rd and 4th stay in the same heat and 5th and 6th drop to the heat below. Final category results will be done based on the final ranking after the third heat. See below for a visual example.

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Example Round 2 and 3 (6 per heat) | | | | | | | |
| Heat | Start time | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | lane 6 |
| 1 | 0m 30s | 1H1 | 2H1 | 3H1 | 4H1 | 1H2 | 2H2 |
| 2 | 1m 0s | 1H3 | 2H3 | 3H2 | 4H2 | 5H1 | 6H1 |
| 3 | 1m 30s | 1H4 | 2H4 | 3H3 | 4H3 | 5H2 | 6H2 |
| 4 | 2m 0s | 1H5 | 2H5 | 3H4 | 4H4 | 5H3 | 6H3 |

1H1 = First from Heat 1

2H1 = Second from Heat 1

1H2 = First from Heat 2, etc.

Every skier will have a qualifying round and a minimum of three heats; there will be no elimination.

Course Length: app. 750m

Course Maps will be available on site.

Waxing Protocol: The intent will be for the clubs and coaches to use only LF (low fluoro) gliders or non fluoro glide waxes. This is a self-governed request by the coaches/athletes and the responsibility will be on the coaches/athletes to adhere to the requested recommendations. There will be no indoor waxing facilities.

In support and collaboration with:

  

