



Date	Event	Location	Description
Thurs Sept 14, 2017	Club Registration Opens	Online	Start at the Kanata Nordic membership page; registration is through Zone4
Sat Sept 16, 2017	Dryland Training Starts	Various	First session for skiers in Racing & Masters programs
Sun Oct 1, 2017	Fall Trails Day	Wesley Clover Parks	Looking for hands-on labour to prepare our trails for the season
Sun Oct 15, 2017	Fall Trails Day	Wesley Clover Parks	Looking for hands-on labour to prepare our trails for the season
Sat Oct 21, 2017	Dryland Training Starts	Various	First session for the Ski Fit program skiers
Sun Oct 22, 2017	Fall Trails Day	Wesley Clover Parks	Looking for hands-on labour to prepare our trails for the season
Oct 27-28, 2017	Annual Ski Swap and Sale	Beaverbrook Community Centre	A chance to buy or sell gear and learn about the club and its programs
Sat Nov 4, 2017	Hike the ski trails	Wesley Clover Parks	All club members are invited to this guided hike through the trail network
Sun Nov 5, 2017	Fall Trails Day	Wesley Clover Parks	Looking for hands-on labour to prepare our trails for the season
Tues Nov 14, 2017	Early-bird prices end 11:59pm	Online	Program prices go up (membership unchanged)
Sat Nov 18, 2017	Leader Training #1: Dryland	Wesley Clover Parks	Head coach Mike Vieira hosts session for all leaders. Teaching dryland tips and technique.
Sun Nov 19, 2017	Falls Trails Day	Wesley Clover Parks	Looking for hands-on labour to prepare our trails for the season
Sat Nov 25, 2017	All-member conditioning hike	To be determined	All club members are invited to this guided hike through a trail network; ~8km or 2 hours
Sat Dec 2, 2017	Jackrabbit Ski Program Meet & Greet	Wesley Clover Parks	A chance for all to meet each other and our club coach Mike Vieira, and learn about plans for the season
Sun Dec 3, 2017	Fall Facilities Day	Wesley Clover Parks	Looking for hands-on labour to prepare our cabin and other facilities for the start of ski season
Sat Dec 9, 2017	Jackrabbit Leader Orientation	Wesley Clover Parks	A workshop on how to lead Jackrabbit programs, plus overview of the facility, scheduling and more
Sun Dec 10, 2017	Fall Trails Day (if needed)	Wesley Clover Parks	Looking for hands-on labour to prepare our trails for the season

Date	Event	Location	Description
Thurs Dec 28, 2017	Leader Training # 2: Putting the FUN into Learn-to-Ski Fundamentals	Wesley Clover Parks	On-snow session led by head coach Mike Vieira and senior volunteer coaches, to help leaders with teaching tips and their own ski technique.
Sun Dec 31, 2017	New Year's Eve Ski	Wesley Clover Parks	Bid 2017 farewell with a little skiing and ski club socializing (details to come)
Thurs Jan 4, 2018	Leader Training #3: Skate Technique	Wesley Clover Parks	On-snow session led by some of the club's most senior coaches, to help Jackrabbit leaders with teaching tips and their own ski technique.
Sat Jan 6, 2018	First Session for Learn-to-Ski Programs	Wesley Clover Parks	Start of these programs: Bunnyrabbits, Jackrabbits, Dynarabbits, Adult Novice, Adult Intermediate and Adult Touring.
Sun Jan 14, 2018	Kanata Nordic Annual Sprint Race (The Pretzel)	Wesley Clover Parks	Part of the regional race series; date to be confirmed
Thurs Jan 18, 2018	Leader Training #4: Hill Ascent/Descent Techniques	Wesley Clover Parks	On-snow session led by some of the club's most senior coaches, to help Jackrabbit leaders with teaching tips and their own ski technique.
Sun Jan 21, 2018	Snow Day	Wesley Clover Parks	Embrace winter with a free day of xc skiing, snowshoeing, orienteering, skijoring and more.
Thurs Jan 25, 2018	Leader Training #5: More Fun and Games for Jackrabbit Leaders	Wesley Clover Parks	On-snow session led by some of the club's most senior coaches, to help Jackrabbit leaders with teaching tips and their own ski technique.
Sun Jan 28, 2018	Kanata Nordic Annual Sprint Race (The Pretzel) 'rain date'	Wesley Clover Parks	Back-up in case conditions require it
Fri Feb 2, 2018	Ski Night Social (Adults)	Wesley Clover Parks	Leave the kids at home and come for a casual night ski or relax around the woodstove.
Thurs Feb 22, 2018	Learn about Racing, Open House	Wesley Clover Parks	Learn about the Racing Rabbits and Racer programs (ages 7 and up)
Fri Feb 23, 2018	Ski Night Social (Family)	Wesley Clover Parks	Bring the whole family for a casual night ski or relax around the woodstove.
Sat Feb 24, 2018	Jackrabbit Fun Day	Wesley Clover Parks	A day of fun and games and special treats to eat
Sat March 10, 2018	Last Lesson for Learn-to-Ski Programs	Wesley Clover Parks	Last session, but trails are groomed as long as there's enough snow
Sat March 24, 2018	End of winter party, for all	TBD	A social event to wrap up the ski season
Tues March 27, 2018	Annual General Meeting	TBD, in Kanata	Open to all; reports on the year and election of 2018 Executive
Sun April 8, 2018	Facilities Clean Up Day	Wesley Clover Parks	Looking for hands-on labour to stash away our gear for the summer, mostly at the cabin
Sun April 22, 2018	Trails Clean Up Day	Wesley Clover Parks	Looking for hands-on labour to stash away our gear for the summer, mostly on the trails
May 2018	Summer Racer Training Program	Various	A low-key fitness program, once a week

All dates and events subject to change, general due to Mother Nature. Events details and updates on kanatanordic.ca
For more information on any event please email info@kanatanordic.ca