



## 2021-2022 Programs at a Glance

**All program registrants must also purchase a membership. Members under 16 must be part of a Family or Couple membership.**

*Note:* Program is conditional on available coaching / volunteers

*Note:* there is flexibility at both ends of the age ranges, since some skiers may fit better in a younger or older group.

Teen Skate morning programs run 10am-noon.

Racing program start times vary.

WCP means Wesley Clover Parks

Program Name	Ages	Sessions	Location	Dates
<b>Children's Learn to Ski programs (see program descriptions)</b>				
Bunny Rabbit Saturday	4-6	Sat PM (1:45-2:45)	WCP	Jan 8 - Mar 12
Bunny Rabbit Sunday	4-6	Sun PM (1:45-2:45)	WCP	Jan 9 - Mar 13
Jackrabbit 1 – 4 Saturday	6-11	Sat PM (1:30-3:00)	WCP	Jan 8 - Mar 12
Jackrabbit 1 – 4 Sunday	6-11	Sun PM (1:30-3:00)	WCP	Jan 9 - Mar 13
Dynarabbit (new skiers)	9-13	Sat/Sun PM (1:30-3:00)	WCP	Jan 8/9 - Mar 12/13
<b>Youth Recreational (completed Jackrabbit, Dynarabbit or equivalent)</b>				
Teen Skate 1 (intro to skate)	11-16	Wed. evening, Sat. AM hikes; Sat AM on-snow	WCP and Region	Dryland Oct 23 (Sat AM); Ski Sat Jan 8 Wed PM Ski Jan 12
Teen Skate 2 (intermediate skate)	11-16	Wed. evening, Sat. AM hikes; Sat. AM on snow	WCP and Region	Dryland Oct 23 (Sat AM); Ski Sat Jan 8 Wed PM Ski Jan 12)
Teen Skate 3 (Advanced skate)	11-16	Wed. evening, Sat AM hikes; Sun AM on snow	WCP and Region	Dryland Oct 23 (Sat AM); Ski Sun Jan 9 Jan 12 (Wed PM)
<b>Youth Racing (Skate and Classic Racing, some ski experience is required to try out for racing )</b>				
U12/U14 program	DOB 2007-'10	Tues. & Thurs. evening, Sat. morning	WCP and Gatineau	Sept until end of March/snow
U16/U18+ Racers	DOB – > 2006	Tues. & Thurs. evening, Sat. morning, Sun. afternoon	WCP and Gatineau	Sept until end of March/snow
<b>Adult Recreational (see program descriptions)</b>				
Adult Novice Classic	16+	Sat. 1:30-3:00	WCP	Jan 8 - March 12
Adult Novice Skate	16+	Sat. 11:30-1:00	WCP	Jan 8 – March 12
Adult Int. Classic	16+	Sat. 11:30-1:00	WCP	Jan 8 – Feb 5
Adult Int. Skate	16+	Sat 3:00-4:30	WCP	Jan 8 – Feb 5
Adult Evening Clinics	16+	TBD (weeknight PM)	WCP	Mid-January +
Adult Touring	16+	Sat. morning	Gatineau	Jan 8 till melts
Adult Fall Prepare for Ski	16+	Fall Sunday afternoons	Various	After Thanksgiving
Senior Fall Fitness	50+	Thursday Afternoons	Various	After Thanksgiving
Para-Nordic	16+	TBD	Mooney's Bay	TBD