Head west, fellow skiers - Corkstown is calling!



SUNDAY FEBRUARY 11, 2024

Presented by





Kanata Nordic is pleased to welcome your participation in the second edition of the Corkstown Classic at Wesley Clover Parks (WCP). This course traverses the WCP dressage fields, winds its way through groves and will certainly challenge your footwork on the fun twists and turns in the Watts Woods.

This event will be Classic technique and features distances of 10.5 km for Open, 7 km for U16, 3.5 km for U12-U14 and 1.5 km for the U8-U10 skiers.

This race is part of the National Capital District (NCD) series for our area's developing skiers.

We look forward to hosting athletes and their families while providing support to clubs and their coaches on our trails!

Check out 2023's race at https://www.youtube.com/watch?v=aP6azvkrLSI captured by Hollydays Videography.

Nigel Wallis Kanata Nordic President

Andy Weekes Race Director

Megan McAllister
Assistant Race Director





General Information

Event	Corkstown Classic 2024
Organizer	Kanata Nordic Ski Club
Contact	kanatanordicracing@gmail.com
Location	Wesley Clover Parks Equestrian sector 401 Corkstown Road Ottawa
Date & Time	Sunday Feb 11, 2024
Format	Interval Start - Classic Technique
Information	Registration, race notice, maps, start lists will be on the <u>Zone</u> <u>4 event page</u>

Important Dates

Time	Event	Location			
Wednesday February 7, 2024					
11:59PM	Registration Closes	Zone4 Event page			
Saturday February 10, 2024					
12:00PM	Start List Posted	Zone4 Event page (& E-mailed to participants)			
Sunday February 11, 2024					
7:30AM	Bib Distribution and Race Office Opens	Race Office (white tent)			
8:30AM	Course Closes to Pre-Skiing	Race Site			

Registration

Open until Wednesday February 7th at 11:59PM on Zone4. No race day registration accepted. Late registration up to Saturday may be requested by email to kanatanordicracing@gmail.com. Additional late fees will apply.

Confirmation List

The confirmation list will be available on the <u>Zone4.ca</u> event <u>page</u>. Please review the list upon registration to ensure details are correct. In case of any errors, you must contact the organizers before Friday February 9th at 4pm by emailing kanatanordicracing@gmail.com and putting athletes name and 'RACE ERROR' in the subject line.

Start List

The start list will be posted on the <u>Zone4 Event page</u> on Saturday February 10th by 12:00PM.

Sanction

The Corkstown Classic is part of the NCD (National Capital District) race series. NCD points will be awarded as follows: Points are awarded on the basis of 15 points for first place, 13 for second place and 11 for third place, finishers from fourth place to twelfth place will receive one less point each (10,9,8,etc), all finishers after twelfth place receive 1 point each.

Competition Rules for Classic Technique

Nordiq Canada rules apply. Please review and abide by rules for classic technique races.

Poles must be no longer than 83% of the skiers height for classical events.

Where there are one or more set tracks, repeatedly changing or stepping in and out of tracks is not allowed.

Single and double-skating is not allowed.

Race Distances and Fees

Distances raced will be determined by racer's age category as follows:

Age	Distance	Race Fee
U8 & U10	1.5 km	\$25
U12 & U14	3.5 km	\$30
U16	7 km (2 x 3.5 km)	\$30
Open	10.5 km (3 x 3.5 km)	\$35
Para-nordic	Upon request. Please contact the organizers at kanatanordicracing@gmail.com	\$30

Registration Fees

Payable during registration on Zone4. The new Tier 3 License fee of \$3 as required by Nordiq Canada for additional insurance coverage will be added during registration. Zone4 transaction fees are extra. A partial refund may be offered if the race is cancelled to allow fixed and non refundable race costs to be covered.

Waxing Protocol

This race is a no-fluoro event. Only Non-Fluoro (NF) glide waxes are permitted to be used. Race participants are prohibited from using High-fluoro (HF), medium-fluoro (MF) or low-fluoro glide waxes, including HF or MF powders, pucks, blocks and liquids. This includes the use of cold weather powder additives & hardeners.

It is the responsibility of the athletes, coaches and parents to adhere to this quideline.

Waxing Area

While no indoor waxing facilities are available onsite, there will be a designated area where teams may set up their own tent and/or waxing tables.

On-Site Power

There is no onsite power for ski preparation.

Timing and Results

Timing will be carried out by Sportstats. Participants will wear a timing chip. Results will be available soon after each race is complete, both online and posted to our notice board.

Bib Pick Up

Bib pick-up will take place inside the Race Office (white tent), located near the parking lot and stadium. Bib pick up will start at 7:30AM on race day.

*Bibs must be returned upon crossing the finish line. There will be volunteers to assist with bib and timing chip removal in the finish area. Failure to return a bib will result in a \$50 charge to the club whose athlete did not return it.

Timing Chips

Wearable timing chips will be distributed to athletes upon entry to the stadium immediately prior to your start time. Failure to return your chip at the end of the race will result in a \$50 lost chip fee.

Course and Site Maps (see Appendix A)

*Also available on **Event page**

Racer Refreshments

Racers will be offered a drink and a snack upon finishing. Please ensure all recycling and waste gets appropriately disposed of on site. We encourage all participants and visitors to minimize garbage that is disposed of on site.

Awards

Awards will be presented as follows:

For U8 to U16 categories, the first three finishers of each year of birth for both males and females.

For the Open and Para categories, the first three finishers for both male and female.

Awards presentations will be held at the end of the 10.5km, 7km and 1.5km races.

Parking

Parking for race participants is available onsite at 401 Corkstown Road. Please be considerate of others and park in a manner to maximize parking space for others. Parking volunteers will be directing cars and will provide further information if space is exceeded. Please see maps on the <u>Zone4 Events page</u>.

First Aid

Provided by Canadian Ski Patrol.

On Site Food

Bake sale items available for cash purchase. Participants are responsible for bringing both food and water or warm drinks.

Door Prizes

Will be awarded to participants by random draw.

Kanata Nordic would like to thank Wesley Clover Parks for their continued support of our ski club!

Thank you to our event supporters for helping make this race a success!























APPENDIX A - COURSE AND SITE MAPS





